



WHERE YOUR POTENTIAL TAKES FLIGHT

[www.AbilitySpecialists.com](http://www.AbilitySpecialists.com)

## Community Based Day Program

“My daughter, Karri, has had a great experience with the Ability Specialists Community Based Day Program. Unlike a lot of programs at other agencies where they just go to the mall and walk around, Ability Specialists volunteers at various sites, such as Ronald McDonald House and Project Angel Heart. They actually get involved with helping people, rather than doing everyday things that we can do as a family.

Karri is so happy going to these different volunteer sites. The activities help her gain confidence. Ability Specialists is there to help their clients reach their fullest potential as self-confident, self-reliant, responsible adults. I think it’s the best program in the area.”

— CAROL CLOUSE, MOTHER OF ABILITY SPECIALISTS COMMUNITY BASED DAY PROGRAM PARTICIPANT



## At-A-Glance

**Monday – Friday: 10 am to 3 pm**

Transportation to and from meeting locations and volunteer sites included

**Littleton Pick Up / Drop Off Location:**

Rite Aid on the corner of Arapahoe Rd. & University Blvd.

**Aurora Pick Up / Drop Off Location:**

Big Lots on the corner of Chambers & Hampden Ave.

The Ability Specialists Community Based Day Program teaches the skills that help participants transition into a work environment. We volunteer at different locations and work in small groups. By partnering with organizations like Arc Thrift Stores, Ronald McDonald House and Project Angel Heart, we make valuable contributions to the community while integrating participants into a collaborative, structured working environment.

### Among other lessons, participants learn:

- Teamwork
- How to take direction
- How to work well with others
- Self-esteem
- A core sense of security
- Comfort with one’s abilities & disabilities
- Respect for self & others
- Natural consequences
- Personal & professional boundaries
- Workplace preparedness